



Research Volunteers Needed

The LSU School of Kinesiology, alongside Pennington Biomedical Research Center and the Baton Rouge Neuromedical Center, is currently seeking volunteers to participate in a clinical research trial testing the effects of nutritional supplements on motor performance of people with **Parkinson's** disease.

You may be eligible to participate in this clinical research trial if you:

- ✓ are a man or woman who has been clinically diagnosed with Stage 1-3 Parkinson's disease
- ✓ are 50-89 years of age
- ✓ have been stable on medications for at least 3 months
- ✓ walk without an assistive device
- ✓ are willing to consume one serving of powder mix each day for 8 weeks

Participants will be enrolled in the trial for 12 weeks, with weekly visits/evaluations. Nutritional or placebo powder will be provided to participants at no cost.

Note: People with deep brain stimulators (DBS) or a BMI > 40 are not eligible.

If you are interested and believe you may qualify, contact: Jan Hondzinski, PhD at jhondz1@lsu.edu or 225-578-9144 or 225-578-2036 (8:00 am - 4:00 pm M-F)